



THOMAS A. EDISON
CHARTER SCHOOL

December 2017

No Pork Products Served

Breakfast Menu

Serving Only Hormone Free Milk

Monday	Tuesday	Wednesday	Thursday	Friday	
<p>Cold Cereal available daily</p> <p>Selections</p> <p>Cinn Tst Crunch WG, Cheerios Apple Cinn WG, Cheerios Fruity Bowls WG, Coco Puffs WG, Trix WG</p>	<p>Milk Selections Choice of 8oz Milk Offered Daily 1% Plain Fat Free Plain Fat Free Chocolate</p> <p>Fresh Fruit Selections 1c of Fresh Fruit Offered Daily Apple Banana Pear Orange</p>	29	30	1	
<p>Assorted Cereal Graham Cracker Fresh Fruit Choice Of Milk</p>	<p>WG Blueberry Muffin Assorted Yogurt Fresh Fruit Choice Of Milk</p>	<p>Assorted Breakfast Rounds Strawberry Go-Gurt Fresh Fruit Choice Of Milk</p>	<p>Mini Cinni's Fresh Fruit Choice Of Milk</p>	<p>Mini Alphabet Treats Strawberry Go-Gurt Fresh Fruit Choice Of Milk</p>	<p>Scrambled Eggs w/ Home Fries Whole Wheat English Muffin Fresh Fruit Choice Of Milk</p>
<p>4</p>	<p>5</p>	<p>6</p>	<p>7</p>	<p>8</p>	
<p>Honey Wheat Bagel Low Fat Cream Cheese Fresh Fruit Choice Of Milk</p>	<p>Waffles Maple Syrup Fresh Fruit Choice Of Milk</p>	<p>WG Chocolate Chip Muffin Assorted Yogurt Fresh Fruit Choice Of Milk</p>	<p>Assorted Cereal Graham Cracker Fresh Fruit Choice Of Milk</p>	<p>Mini Pancakes Fresh Fruit Choice Of Milk</p>	
<p>11</p>	<p>12</p>	<p>13</p>	<p>14</p>	<p>15</p>	
<p>WG Orange Muffin Assorted Yogurt Fresh Fruit Choice Of Milk</p>	<p>Cream Cheese Stuffed Bagels Fresh Fruit Choice Of Milk</p>	<p>Mini Pancakes Fresh Fruit Choice Of Milk</p>	<p>Assorted Granola Bars Mozzarella String Cheese Fresh Fruit Choice Of Milk</p>	<p>No School</p>	
<p>18</p>	<p>19</p>	<p>20</p>	<p>21</p>	<p>22</p>	
<p>25</p> 	<p>26</p>	<p>27</p> <p>Happy Holidays!</p>	<p>28</p>	<p>29</p> 	

This institution is an equal opportunity Provider

Recipes for Success; Start the Day with a Healthy Breakfast!

LINTONS Food Service Management
www.lintonsfoodservice.com
Halal & Kosher Menu options available upon request



Eat Smart to Play Hard
Fuel up with foods from each food group





Lunch Menu

Serving Only
Hormone Free Milk

No Pork
Products
Served

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Milk Selections Choice of 8oz Milk Offered Daily 1% Plain Fat Free Plain Fat Free Chocolate</p> <p>Fresh Fruit Selections 1c of Fresh Fruit Offered Daily Apple Banana Pear Orange</p>	28	29	30	1
				<p>Cheese Pizza (V)</p> <p>Fresh Fruit</p> <p>Turkey and Cheese Deli Sandwich</p> <p>Fruit and Cheese Tray (V)</p> <p>Garden Salad</p>
4	5	6	7	8
<p>Meatball Sub on Whole Grain Steak Roll</p> <p>Turkey and Cheese Deli Sandwich</p> <p>Turkey Cobb Salad</p>	<p>Oven Baked BBQ Chicken Whole Grain Biscuit</p> <p>Turkey BLT Flatbread</p> <p>Basil Chicken Caesar Salad</p>	<p>WG Calzones stuffed w/ Cheese & Marinara (V) Fresh Fruit</p> <p>Tuna Salad Sandwich</p> <p>Strawberry Chicken Spinach Salad</p>	<p>Super Beef Nacho Supreme Tortilla Chips</p> <p>Egg Salad Sandwich</p> <p>BBQ Chicken Salad</p>	<p>Turkey Ham & Cheese Pretzel Melt w/ Mustard</p> <p>Turkey and Cheese Deli Sandwich</p> <p>Fruit and Cheese Tray (V)</p>
<p>Garbanzo Bean Salad</p> <p>Seasoned French Fry Sticks</p>	<p>Roasted Baby Carrots</p> <p>Creamy Whipped Potatoes</p>	<p>Lemon Garlic Spinach</p>	<p>Roasted Fajita Vegetable Blend</p>	<p>Tator Tots</p>
11	12	13	14	
<p>Old Bay Fish Sandwich w/ Cheese (V)</p> <p>on Wheat Bun</p> <p>Turkey and Cheese Deli Sandwich</p> <p>Turkey Cobb Salad</p>	<p>Cheese Pizza (V)</p> <p>Fresh Fruit</p> <p>Turkey BLT Flatbread</p> <p>Basil Chicken Caesar Salad</p>	<p>Boneless Chicken Wings</p> <p>Tuna Salad Sandwich</p> <p>Strawberry Chicken Spinach Salad</p>	<p>Chicken Fajitas</p> <p>on WG Tortillas</p> <p>Egg Salad Sandwich</p> <p>BBQ Chicken Salad</p>	<p>Holiday Celebration</p> <p>Baked Turkey Ham w/ Cranberry Glaze Oven Browned Potatoes California Blend Veg Dinner Roll Brownie</p> <p>Turkey and Cheese Deli Sandwich</p> <p>Fruit and Cheese Tray (V)</p>
<p>Sweet Potato Fries</p> <p>Garlic Butter Green Beans</p>	<p>Garden Salad</p>	<p>Celery Sticks with Ranch</p> <p>Chilled Baby Carrots with Ranch</p>	<p>Cajun Black Beans</p> <p>Fiesta Corn Salsa</p>	
18	19	20	21	22
<p>Cheesesteak Sandwich on Whole Grain Steak Roll</p> <p>Turkey and Cheese Deli Sandwich</p> <p>Turkey Cobb Salad</p>	<p>Macaroni & Cheese W/ Chicken Tenders</p> <p>Turkey BLT Flatbread</p> <p>Basil Chicken Caesar Salad</p>	<p>Crunchy Fish Bites w/ Tartar Sauce WG Breadstick</p> <p>Tuna Salad Sandwich</p> <p>Strawberry Chicken Spinach Salad</p>	<p>Turkey Ham & Cheese Pretzel Melt w/ Mustard</p> <p>Egg Salad Sandwich</p> <p>BBQ Chicken Salad</p>	<p>No School</p>
<p>Roasted Baby Carrots</p> <p>Seasoned French Fry Sticks</p>	<p>Broccoli</p>	<p>Creamy Cole Slaw</p>	<p>Garbanzo Bean Salad</p>	
25	26	27	28	29
		Happy Holidays!		

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Recipes for Success

"School Lunch: Recipes for Success," is about celebrating the healthy meals served in your lunchroom each and everyday!

LINTONS
Food Service Management

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