



THOMAS A. EDISON
CHARTER SCHOOL

April 2017

Serving Only
Hormone Free Milk
(V) Notes a Vegetarian Meal

Breakfast Menu

No Pork
Products
Served

Monday	Tuesday	Wednesday	Thursday	Friday
3 Cream Cheese Stuffed Bagels Fresh Fruit Choice Of Milk	4 Honey Kissed Sausage Pancake Stack Fresh Fruit Choice Of Milk	5 Popcorn Chicken & Waffles Choice Of Milk	6 French Toast Sticks Maple Syrup Fresh Fruit Choice Of Milk	7 Assorted Granola Bars Mozzarella String Cheese Fresh Fruit Choice Of Milk
10 WG Orange Muffin Assorted Yogurt Fresh Fruit Choice Of Milk	11 Turkey Bacon and Scrambled Egg Pizza Fresh Fruit Choice Of Milk	12 Assorted Breakfast Rounds Strawberry Go-Gurt Fresh Fruit Choice Of Milk	13 Apple Cinnamon Muffin Assorted Yogurt Fresh Fruit Choice Of Milk	14 Spring Break
17 Spring Break	18 Spring Break	19 Spring Break	20 Spring Break	21 Spring Break
24 Assorted Mini Pancakes Fresh Fruit Choice Of Milk	25 Apple Cinnamon Muffin Assorted Yogurt Fresh Fruit Choice Of Milk	26 Waffles Maple Syrup Fresh Fruit Choice Of Milk	27 Fruit Frudel Fresh Fruit Choice Of Milk	28 Cream Cheese Stuffed Bagels Fresh Fruit Choice Of Milk

Healthy Breakfast's that work!



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Make your Plate a Healthy Plate.
Reach for nutritious Snacks.






Serving Only
Hormone Free Milk

Lunch Menu

No Pork
Products
Served

Monday	Tuesday	Wednesday	Thursday	Friday
3 Chicken Nuggets w/Dipping Sauce Bread Stick Turkey and Cheese Deli Sandwich Greek Salad	4 Meatball Sub on Whole Grain Steak Roll Chicken Caesar Wrap BBQ Chicken Salad	5 Cheeseburger on Whole Grain Bun Tuna Salad Sandwich 1/2 Turkey BLT Pita w/ Side Salad	6 Oven Baked Rotisserie Chicken Whole Grain Biscuit American Hoagie Basil Chicken Caesar Salad	7 Turkey Ham & Cheese Pretzel Melt w/ Mustard Egg Salad Sandwich Fruit and Cheese Tray (V)
Chilled Baby Carrots with Ranch Celery Sticks with Ranch	Sweet Potato Fries Garlic Butter Green Beans	Three Bean Salad Homestyle Collard Greens	Creamy Broccoli & Cauliflower Creamy Whipped Potatoes	Savory Baked Beans Seasoned French Fry Sticks
10 BBQ Beef Riblet on Whole Grain Bun Turkey and Cheese Deli Sandwich Greek Salad	11 Oven Fried Chicken Whole Grain Corn Muffin Chicken Caesar Wrap BBQ Chicken Salad	12 Salisbury Steak Whole Grain Biscuit Hawaiian Chicken Wrap Greek Salad	13 Turkey and Cheese Deli Sandwich Fresh Fruit American Hoagie Basil Chicken Caesar Salad	14 Spring Break
Creamy Whipped Potatoes Homestyle Collard Greens	Roasted Baby Carrots Garlic & Herb Roasted Potatoes	Garlic Butter Green Beans Broccoli Salad	Waffle Fries California Blend Veg.	
17 Spring Break	18 Spring Break	19 Spring Break	20 Spring Break	21 Spring Break
24 Celebrate Earth Day Creamy Chicken Penne Florentine Green Beans Oreo Dirt Dessert  Turkey and Cheese Deli Sandwich Greek Salad	25 Buffalo Chicken Cheesesteak on Whole Grain Steak Roll Chicken Caesar Wrap BBQ Chicken Salad	26 General Tso's Chicken WG Asian Noodles Tuna Salad Sandwich 1/2 Turkey BLT Pita w/ Side Salad	27 Chicken Alfredo over Egg Noodles Bread Stick American Hoagie Basil Chicken Caesar Salad	28 Personal Pizza Chicken Caesar Wrap Fruit and Cheese Tray (V)
	Salsa & Tortilla Chips	Tator Tots Savory Baked Beans	Tomato/ Cucumber Salad Broccoli	Fresh Broccoli with Ranch Dressing



Healthy Food, Healthy Teeth

Before you start munching on a snack, ask yourself what's in the food you've chosen. Keep in mind that certain kinds of sweets can do more damage than others. Goopy or chewy sweets spend more time sticking to the surface of your teeth and can damage them.

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Make your Plate a Healthy Plate.
Eat Calcium Rich foods for Strong Bones.

