THOMAS A. EDISON CHARTER SCHOOL	
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Serving Only Hormone Free Milk (V) Notes a Vegetarian Meal

Breakfast Menu

No Pork Products Served

Monday	Tuesday	Wednesday	Thursday	Friday
30	31	1	2	3
6 Cream Cheese Stuffed	7	8 Turkey Bacon and	French Toast Sticks Maple Syrup Fresh Fruit Choice Of Milk 9	WG Banana Muffin Assorted Yogurt Fresh Fruit Choice Of Milk
Bagels Fresh Fruit	Lemon Chip Crisp Bars Fresh Fruit	Scrambled Egg Pizza Dr Turkey Sausage Breakfast Pizza	Mini Alphabet Treats Strawberry Go-Gurt	Mini Cinni's Fresh Fruit
Choice Of Milk	Choice Of Milk	Fresh Fruit Choice Of Milk	Fresh Fruit Choice Of Milk	Choice Of Milk
13	14 Turkey Sausage and	15	16	17
WG Orange Muffin	Scrambled Egg Pizza	Assorted Breakfast Rounds	Apple Cinnamon Muffin	Honey Wheat Bagel
Assorted Yogurt		Strawberry Go-Gurt	Assorted Yogurt	Low Fat Cream Cheese
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Choice Of Milk	Choice Of Milk	Choice Of Milk	Choice Of Milk	Choice Of Milk
20 No School	21 Turkey Sausage Egg and Cheese Sliders	22 Fresh Baked Blueberry Muffin	23 Mini Cinni's	24 Fruit Pockets
	Fresh Fruit	Turkey Sausage Patties	Fresh Fruit	Fresh Fruit
	Choice Of Milk	Fresh Fruit	Choice Of Milk	Choice Of Milk
		Choice Of Milk		
27 Assorted Mini Pancakes Fresh Fruit	28 Scrambled Eggs w/ Home Fries Whole Wheat English Muffin	1	2	3
Choice Of Milk	Fresh Fruit Choice Of Milk			

6	7	8	9	10



THOMAS A. E CHARTER SCHO		Februari		
Serving Only Hormone Free Milk		Lunch Menu		No Pork Products Served
Monday	Tuesday	Wednesday	Thursday	Friday
30	31	1 BBQ Beef Riblet	2 Turkey Ham & Cheese Pretzel Melt	3 SUPERSOWLVARTY
		on Whole Grain Bun Turkey and Cheese Deli Sandwich BBQ Chicken Salad	w/ Mustard Egg Salad Sandwich Southwest Chicken Salad	Turkey Chili w/Tortilla Chips Cheddar Cheese & Sour Cream Brownie Cookie SUPER BOWL Turkey Hoagie Fruit and Cheese Tray (V)

		Roasted Sweet Potatoes	Tator Tots	
		Herb Peas & Carrots	Broccoli	
6	7	8	9	10
Cheese Pizza (V) Meatball Sub		Macaroni & Cheese W/Crispy Chicken Nuggets	Oven Baked Rotisserie Chicken	Turkey Burger
Fresh Fruit	on Whole Grain Steak Roll		Whole Grain Biscuit	on Whole Grain Bun
Chicken Caesar Wrap	Buffalo Chicken Wrap	Turkey and Cheese Deli Sandwich	Egg Salad Sandwich	Turkey Hoagie
Greek Salad	Taco Salad	BBQ Chicken Salad	Southwest Chicken Salad	Fruit and Cheese Tray (V)
Garbanzo Bean Salad	Sweet Potato Fries	Homestyle Collard Greens	California Blend Veg.	Grandma's Potato Salad
	Teriyaki Marinated Green Beans		Creamy Whipped Potatoes	
13	14	15	16	17
Turkey Dinner Bowl	Oven Fried Chicken	Super Beef Nacho Supreme	Oven Baked BBQ Chicken	Turkey and Cheese Deli Sandwich
w/ Whole Grain Corn Muffin	Whole Grain Corn Muffin	Tortilla Chips	Whole Grain Biscuit	Fresh Fruit
Chicken Caesar Wrap	Buffalo Chicken Wrap	Turkey and Cheese Deli Sandwich	Egg Salad Sandwich	Turkey Hoagie
Greek Salad			Southwest Chicken Salad	
		BBQ Chicken Salad		
Creamy Whipped Potatoes	Broccoli	Fiesta Corn Salsa	Cajun Black Beans	Salsa & Tortilla Chips
Garlic Butter Green Beans	Garlic & Herb Roasted Potatoes		Orange Glazed Carrot	
20 No School	21 Turkey Ham & Cheese Pretzel Melt	22 Salisbury Steak	23 Old Bay Fish Sandwich w/ Cheese (V)	24 Personal Pizza
	Buffalo Chicken Wrap	Turkey and Cheese Deli Sandwich	Egg Salad Sandwich	Turkey Hoagie
	Taco Salad	BBQ Chicken Salad	Southwest Chicken Salad	Fruit and Cheese Tray (V)
	Waffle Fries	Creamy Whipped Potatoes	Roasted Baby Carrots	Garden Salad
	Herb Peas & Carrots	Roasted Squash	Seasoned French Fry Sticks	
27	28	1	2	3
General Tso's Chicken	Buffalo Cheese Crunchers			
WG Asian Noodles	Fresh Fruit			
Chicken Caesar Wrap	Buffalo Chicken Wrap			
Greek Salad	Taco Salad			
Roasted Oriental Vegetables	Chilled Baby Carrots with Ranch			



Healthy Food, Healthy Teeth

LINTONSO Food Service Management

Before you start munching on a snack, ask yourself what's in the food you've chosen. Keep in mind that certain kinds of sweets can do more damage than others. Gooey or chewy sweets spend more time sticking to the surface of your teeth and can damage them.

> Make your Plate a Healthy Plate. Eat Calcium Rich foods for Strong Bones.



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Ten Had Constrained Parceles No		February	Breakfast	Entrée	Entrée No Cheese	CoCo Puffs	Trix	Cinnamon Toast Crunch	Total Breakfast Oredered	Lunch	Entrée	Entrée No Cheese	Vegetarian	Special Diets	Sandwiches	Entrée	Entrée No Cheese	Entrée No Tomato	Salad	Entrée	Entrée No Cheese	Entrée No Tomato	Total Lunches Ordered	Bag Lunch
Ten Had Constrained Parceles No	Mon	30-Jan							0								1	1			1		0	
Weiler Hency Kand Planckan No. N									0														0	
Tame Parke		1-Feb	Honey Kissed Pancakes						0						Turkey & Cheese Sandwich				BBQ Chix Salad				0	
Mon 6 + 6 Chan Cheer Filled Bagehi I <thi< th=""> <</thi<>	Thurs	2-Feb	Frensh Tst Stix						0						Egg Salad on Bun				Southwest Chix Salad				0	
Mon ories Crane Cheer Uries Higelingels Image Image Crane Cheer Uries Higelingels Image Image Crane Cheer Uries Higelingels Image Image Chane Cheer Uries Higelingels Image	Fri	3-Feb	Banana Muffin						0	Turkey Chili w/ Totilla Chips					Turkey Hoagie				Fruit & Cheese Tray				0	
res 2-rb Lamo Can Bars	Mon	6-Feb	Cream Cheese Filled Bagels						0						Chix Ceasar Wrap				Greek Salad				0	
Wey Field Theore, Rigg Pizza I <thi< th=""> I I <thi< th=""></thi<></thi<>	Tues	7-Feb	Lemon Crsip Bars						0						Buffalo Chix Wrap				Taco Salad				0	
Thum Pie-Pie Min Alphaler Treats Image Pine Pine Alphaler Treats Image Pine Alphaler Treats	Wed	8-Feb	T. Bacon & Egg Pizza						0						Turkey & Cheese Sandwich				BBQ Chix Salad				0	
Fri Useb Mini Cunits Mini	Thurs	9-Feb	Mini Alphabet Treats						0						Egg Salad on Bun				Southwest Chix Salad				0	
Mon 13-Feb Orange Murin Image As lage Pirza </td <td>Fri</td> <td>10-Feb</td> <td>Mini Cinnis</td> <td></td> <td></td> <td></td> <td></td> <td></td> <td>0</td> <td></td> <td></td> <td></td> <td></td> <td></td> <td>Turkey Hoagie</td> <td></td> <td></td> <td></td> <td>Fruit & Cheese Tray</td> <td></td> <td></td> <td></td> <td>0</td> <td></td>	Fri	10-Feb	Mini Cinnis						0						Turkey Hoagie				Fruit & Cheese Tray				0	
Instruction	Mon	13-Feb	Orange Muffin						0						Chix Ceasar Wrap				Greek Salad				0	
Wed 15-Feb Assid Break/fist Rounds Image: Constraint of the stand of th	Tues	14-Feb	T. Sausage & Egg Pizza						0						Buffalo Chix Wrap				Taco Salad				0	
Ins 16-Fe Apple Cinn Muffin	Wed	15-Feb	Asstd Breakfast Rounds						0						Turkey & Cheese Sandwich				BBQ Chix Salad				0	
In-feb Honey Wheat Bagels Image: Section of the s	Thurs	16-Feb	Apple Cinn Muffin						0						Egg Salad on Bun				Southwest Chix Salad				0	
Tues 21-Feb T. Sausage, Egg & Chs Sliders Image: S	Fri	17-Feb	Honey Wheat Bagels						0			_			Turkey Hoagie				Fruit & Cheese Tray				0	
Image of the set of the sector of the se	Mon	20-Feb	No School						0	No School					No School				No School				0	
Wed 22-Feb Blueberry Muffins w/ Sausage Patty Image: Construction of the construction of	Tues	21-Feb	T. Sausage, Egg & Chs Sliders						0						Buffalo Chix Wrap				Taco Salad				0	
Inter 23-Feb Mini Cinnis Image: Constraint of the state of	Wed	22-Feb	Blueberry Muffins w/ Sausage Patty						0	Mashed Potatoes & Rsted Squash					Turkey & Cheese Sandwich				BBQ Chix Salad				0	
Fini 24-Feb Fruit Pockets Image: Constraint of the state o	Thurs	23-Feb	Mini Cinnis						0	Rstd Baby Carrots & Fries					Egg Salad on Bun				Southwest Chix Salad				0	
Mon 27-Fe Min Pancakes Image: Constraint of the stand of t	Fri	24-Feb	Fruit Pockets						0	Garden Salad					Turkey Hoagie				Fruit & Cheese Tray				0	
Instruction	Mon	27-Feb	Mini Pancakes						0	Asian Noodles & Oriental Blend					Chix Ceasar Wrap				Greek Salad				0	
	Tues	28-Feb	Scrambled Eggs w/ Homefries						0						Buffalo Chix Wrap				Taco Salad				0	
Thurs 2-Mar 0 0 0 0 0 0	Wed	1-Mar			<u> </u>		<u> </u>		0							<u> </u>				<u> </u>			0	
Fri 3-Mar 0	Thurs																						0	